



# Walk in the Word

## — *Emotional Healing* —

- 1 Psalm 30:11 (NLT)**  
**Declaration:** God has turned my mourning into dancing. He covers me with His joy and strength.
- 2 Timothy 1:7 (NKJV)**  
**Declaration:** God has not given me a spirit of fear, but a spirit of power, love and a sound mind.
- 3 Isaiah 41:10 (NLT)**  
**Declaration:** I'm not afraid or discouraged, because God is with me. He strengthens me, helps me and holds me up with His victorious right hand!
- 4 Galatians 2:20 (TPT)**  
**Declaration:** My old identity has been crucified with Jesus, and now He lives through me. I'm empowered by the One who loves me so much that He gave Himself for me.
- 5 Psalm 23:1-4**  
**Declaration:** The Lord is my shepherd. He provides me with rest, soothes my fears and makes me whole again. I'm not overcome by fear, because He's with me.
- 6 John 14:27 (AMP)**  
**Declaration:** Jesus has given me His perfect peace. I won't let my heart be troubled or afraid. His peace calms me in every circumstance, giving me courage and strength for every challenge.
- 7 1 Peter 5:7 (NLT)**  
**Declaration:** I give all my worries and cares to God and leave them there, because I know He cares for me deeply.
- 8 Romans 12:2 (TPT)**  
**Declaration:** I'm transformed from the inside out as Holy Spirit changes how I think and believe. God has a beautiful and satisfying life for me, and He has given me the power to walk it out.

